

# FITNESS QUEST NW Vacation Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>18 APRIL</b> 2pm Kettlebells	<b>19 APRIL</b> 10 Lets Move	<b>20 APRIL</b> 6am Body Weight/TRX	<b>21 APRIL</b>
<b>22 APRIL</b>	<b>23 APRIL</b> 6am Cardio Class 2pm Kettlebells	<b>24 APRIL</b> 9:30am TRX	<b>25 APRIL</b> 6am Ab Lab 2pm Kettlebells	<b>26 APRIL</b> 10am Let's Move	<b>27 APRIL</b> 6am Body Weight/TRX <del>9:30am CB Yoga</del>	<b>28 APRIL</b>
<b>29 APRIL</b>	<b>30 APRIL</b> 2pm Kettlebells	<b>1 MAY</b> 6am Cardio Class 9:30am TRX	<b>2 MAY</b> 6am Ab Lab 2pm Kettlebells	<b>3 MAY</b> 10am Let's Move	<b>4 MAY</b>	